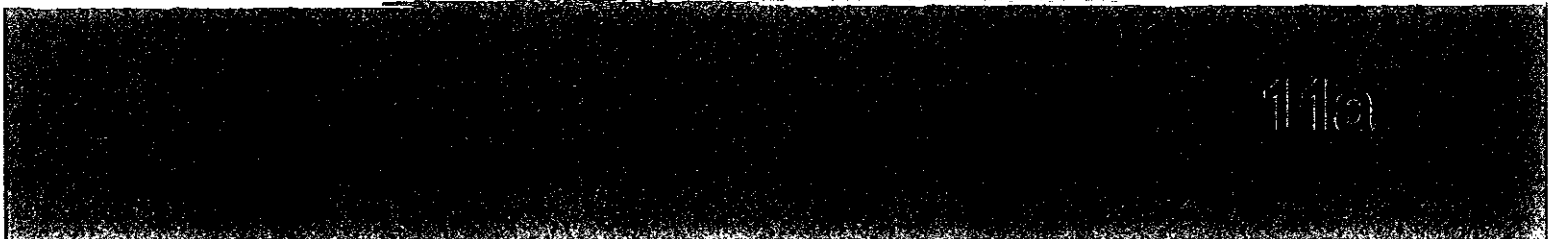


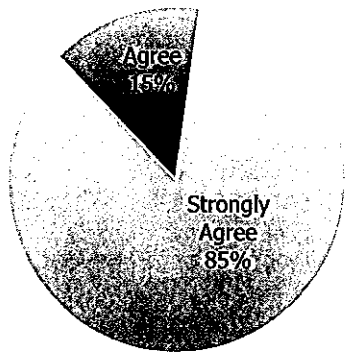
Fairview Post Secondary Skills
Weekend
Evaluation Summary
August 23 – 25, 2019



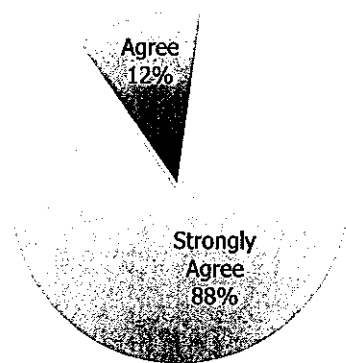


University
of Alberta
Faculty of Medicine
Department of Medical and Nursing

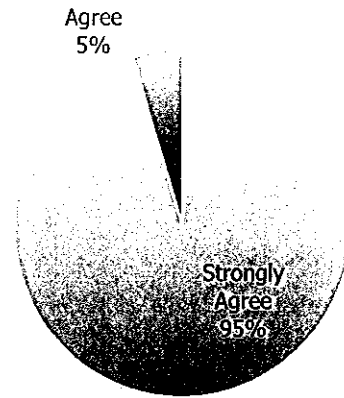
...around the rural community with
weekend to be a worthwhile
experience.



...of the
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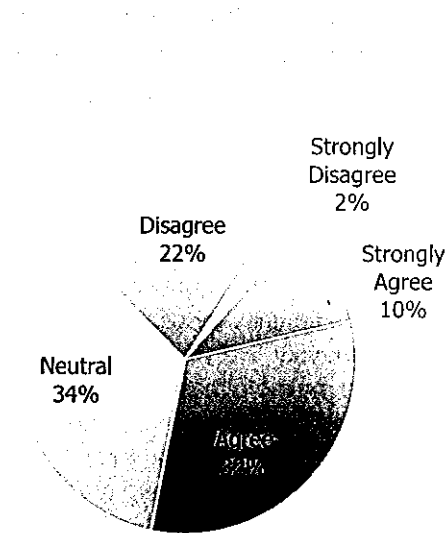
Feedback

- Fairview went up and beyond my expectations and they treated us with so much kindness and care - they made Fairview feel like home.
- Wow! What an incredible experience to be a part of. It was amazing to feel a part of the community and meet some incredible people!
- I loved that there were skills stations from different scopes of practice and that the instructors were really nice. The community is so welcoming, and I loved the street dance.
- The weekend was not only planned with skills for health professionals but also included community events which allowed us to be a part of the community.
- I learnt skills that are beyond my scope of practice. I also got to see the contributions of other medical professionals towards patient care.
- Thank-you all for providing us with this wonderful experience. Reception and food was excellent. Speakers fantastic and friendly.
- So much fun. I wasn't looking forward initially to this weekend due to my lack of interest in a rural setting, but my mind has definitely changed as everyone is so friendly and made us feel welcomed.

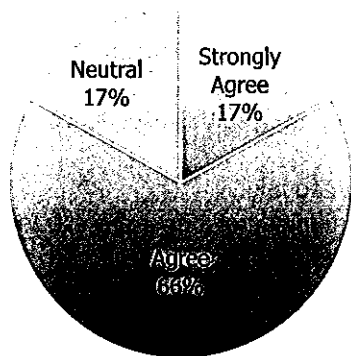


- I felt absolutely spoiled during the weekend and super grateful for the partnership between RhPAP and the U of A.
- The skills instructors and community reception were well organized, knowledgeable and friendly.
- The people in the community are clearly happy to meet us and it made the entire experience amazing.
- I have learned the difference between rural and city scope of practice. Also, the people in the community were very warm, generous and welcoming.
- It was a great opportunity to learn about the community specifically, as well as learn some clinical skills in a fun, informative and low risk environment. Everyone was so gracious and hospitable; I had a fantastic time. Thank-you so much!
- I had the best time and learned lots.
- Not many bad things today. I loved how welcoming people were and I learned many valuable skills along the way.
- Wonderful, kind, passionate people in this town; I felt at home.
- The people and the community were very heartwarming and welcoming.
- Really enjoyed the hands-on stations.
- Everyone was warm and welcoming.
- Very positive atmosphere, very delightful and hospitable and it was a true privilege to be a participant.
- The community couldn't have been more welcoming! Lovely people, knowledgeable and kind instructors, and delicious food made for a great weekend.
- Such a warm city, I loved the experience and the people, and they went to such lengths to welcome us.
- Skills workshops were a great early exposure! People we so kind and wonderful!
- It was a fun weekend! Glad to have done this before class began! Great way to meet your fellow classmates and other future HCP's that you will encounter on your journey.
- The instructors for the skills were very knowledgeable.
- Skills learned were relevant and were well taught. community was welcoming and receptive.
- The people were very welcoming, it was nice to hear other healthcare professionals talk about their experiences.
- Getting more exposure of a rural community is a very good learning experience. I'm truly touched by the hospitality and efforts put by the community for us.
- Thank-you! Everyone was so nice and friendly.
- Gave me more reasons as to why rural nursing is important and essential. Enjoyed suturing and learning about the rural scope of practice. Free food and beer were great too!
- The community was AMAZING and very welcoming. I felt every engaged and excited to participate.
- Highly recommend for students starting 2nd year.
- Incredible hospitality; they really showed off the best side of rural medicine.
- I enjoyed the skills stations, especially the suturing one.
- I really enjoyed this experience and learned a lot!
- I learned a lot.
- Community members were extraordinarily welcoming.
- The community was awesome! 😊
- Pleased to have learnt new skills and different approaches to practice a particular skill.
- I really enjoyed the experience and had a great time! Everyone was very welcoming and friendly. I learned a lot!
- I felt very welcomed by the community.
- Amazing weekend! I learned so much and everyone was so amazingly kind and welcoming.

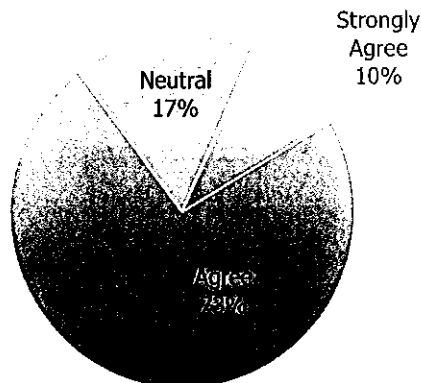




How would you describe your experience in Fairview?



How would you describe your overall experience?



Comments:

Fairview specific:

- Loved the atmosphere - big heart for a small town.
- It gave me an insight on what it would be like to belong and work in this community. Worth the experience!
- Such an open and hospitable community! Wish I could give back!
- It's a beautiful and welcoming town and the hospital and staff were so helpful. I would consider it as an option if it were a bit closer to home.
- I would love to visit but would like to learn more first about opportunities here.
- The talk in Friedenstal Hall was helpful since I previously thought rural communities have a lower quality of life but communicating with residents and touring around the town gave me a new perspective.
- I never saw myself as working in the rural area but now that I am aware that so many skills can be used and have experienced the environment and atmosphere of small towns, I am interested in coming back.
- Fairview has a great sense of community, and the people were so wonderful and genuine. I am from a rural community and it really made me focus on all the aspects I enjoy and want to go back.
- Great local community and lots of opportunities to practice various skills.
- I am definitely interested in doing an elective in Fairview.
- Not sure yet if Fairview would be my forever home, but I'd definitely return for an elective. Opened my eyes to rural opportunities more broadly for sure.
- I loved the community feel and how welcomed we were. Listening to the speakers at dinner and their personal experiences was great to further get to know Fairview.
- I still consider myself a city girl but team morale here is so great. I'd love to come back and shadow a bit.



- The speakers at the dinner helped open up the idea of living rural.
- I am open to rural practice, but this is heavily dependent on available job positions. Fairview may be a bit far from the rural communities where family and friends reside is my only concern about being too far north.

Living rural:

- I love the sense of togetherness that is so rare to find in the city.
- I was raised in a similar sized community and have always wanted to return to one at some point.
- I really enjoyed learning about what rural settings had to offer healthcare providers and how close and welcoming everyone in the community is.
- The experience during the weekend made it compelling to consider practice in a rural community.
- I see myself in a community closer to the mountains because my hobbies and interests are quite mountain oriented.
- I really enjoy the pace of life, the opportunity to do a lot of things and the community that is up here.
- I never considered living in a rural setting but now I know it is an option and one that I would really enjoy.
- I'm from a rural area and I would definitely consider going back.

Working rural:

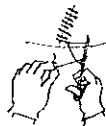
- Some of my family has rural roots but in a different part of Alberta. I have been to these rural areas before but never experienced the culture quite like I did this weekend. I would consider now practicing in these areas.
- This experience definitely opened my eyes to the benefits of practicing in a rural community.
- Very much feel like the weekend had a positive impact on my ideas about rural practice.
- I grew up in rural southern Alberta and would love to practice in a rural community one day.

- I will remain open minded about where my healthcare career can take me, and if I go rural, I know that I will have strong support.
- I would definitely consider working in a rural area and/or getting trained to work in a rural setting.
- I have always been attracted to the rural lifestyle and heard about how rural physicians were allowed to do much more. This experience affirmed that.
- I found that there are a lot of working / career opportunities that are present in the rural community, along with that, I think it is having more autonomy.
- I never considered myself as a potential candidate for rural but came on this trip for perspective. I will consider an opportunity for rural in my future endeavors.
- I was keen on practicing in a rural community post university. This weekend has strengthened my decision through participation and unity of the community.
- I love the community and greater scope of practice.
- I love how you get to know everyone from the community as you work.

- Street dance - locals were extremely patient and welcoming in teaching us in the line dance. I also really enjoyed Kim's speech at the supper.
- The street dance and community hall dinner.
- Skills practiced were amazing and so were the community events such as the parade, festival and street dance. You got to know the community that you are in.
- Town parade and dance. Everyone was so very welcoming and eager to ensure that we were having a wonderful time.
- The skills stations; excellent speakers and teachers; the parade.
- The hospital stations, the inspirational sharing of the community members and healthcare staff.



- Suturing! As nurses it is not common, so I am glad to be able to learn. The historic Dunvegan museum is very cool as well. The dinner at the community hall was very hearty and delicious.
- Health Skills - Ultrasound. Free time activities - parade/fair.
- The skills workshops and interaction with the community.
- The opportunity to meet community members was amazing.
- Street dance and Dunvegan tour.
- Ultrasound and suturing stations.
- The skills stations and the food was amazing.
- My favourite experience was the dinner reception in the evening as well as the skills stations.
- Suturing and ultrasound stations.
- Meeting other classmates and street festival.
- Dinner on the Saturday.
- Skills workshops (suturing!) and Saturday evening reception.
- I really liked the skills stations because I had never done those activities before!
- Skills Stations, the parade, and the evening BBQ to listen to the speakers.
- Street Dancing! 😊
- I enjoyed having dinner with members of the community.
- Participating in the town's activities such as the street dance and historic Dunvegan.
- I really enjoyed participating in the Summer's End festivities and learning more about the community.
- Touring the hospital and doing the skills, especially intubation.
- Although I loved the entire experience, learning skills at the workshops was truly a wonderful experience.
- Suturing! Everything was so good. I especially loved all the skills stations.
- The parade and the skills stations, especially suturing and intubation.
- The skills stations and historical tour. I also loved meeting and talking with everyone!



- All aspects of the Summer's End Festival.
- Skills stations and Saturday dinner and entertainment/speakers.
- Community dinner! Great speakers, great music, great food and beer.
- The Dunvegan tour and the suturing station.
- Parade, Skills Stations, Hospital tour
- Saturday evening and night was my favourite - spending time with the community members and just laughing and hanging out was really special.
- I really enjoyed everything! You did an amazing job making people feel welcome and engaged.
- The hospitality received from the community.
- The skills stations, the Dunvegan historical tour and the street dance.
- Most enjoyed the clinical skills stations (Favourite was ultrasound!). Second favourite would probably be the dinner and speeches from community members.



Skills stations/Health Care connections:

- More skills stations from other medical professions.
- IV Station - I was not sure if I was doing it right as there was no "blood".
- It would be interesting to have more opportunity to interact / speak with rural physicians regarding their experience and advice.
- I'd love a bit more opportunity to chat with rural physicians about rural practice.
- Some stations could have more to do. Example: IV starts station could be about different types of injections - more than just IV.



- I think more stations and smaller groups would be advantageous.
- More skills! Everything was so fun.
- IV mannequins were not emitting "blood". The U of A lab equipment provides some of that so it would have been wonderful to practice skills on those.
- I would like to see a splinting/casting station.
- Perhaps see more of what bedside nursing is like within a rural setting.
- I would have liked more time to do skills training during the day.
- More time to explore each station a bit more.
- A bit more information about what opportunities are available for healthcare professionals and trainees along with what the specific needs of the community are (in terms of specialties for example, etc.) would be beneficial.

Logistics and scheduling:

- We would have liked it if our name tags included what faculties we were in and if there were a few more skills stations.
- Perhaps give schedules out beforehand, ideally electronic versions.
- Have them longer!
- Give students a chance to sleep a bit more.
- Maybe more time, I was really tired after the 7 am workshops would have liked to sleep more
- Put faculty on student name tags. Arrive earlier the first night.
- Maybe leave a touch earlier on Friday departures at least in the summer.
- We didn't have much sleep on the first night so we came in tired, which wasn't ideal perhaps the bus could leave earlier from Edmonton.

General Comments:

- It was great; I cannot think of a single thing; everything was on point.
- Incorporating community events into the skills weekend as was done for Fairview = get to know the community and feel the connections.

- Nothing, it was perfect; I had a great time!
- This was really well done, no feedback for improvement except that they should keep up the great work.
- Keep being awesome!
- Please provide more opportunities to the students to get an exposure to rural.
- Tell us to bring bug spray? Otherwise nothing!
- Do more exploring in the town.
- I think everything was so well thought out and organized! Everything from the name tags and groups to keeping on schedule.
- The only thing that I would change might be offering a walk/hike instead of historical Dunvegan, for those who would appreciate a bit more exercise/views etc.
- I think everything was perfect!



- I am looking forward to exploring rural electives and rural opportunities in my first and second year of med school so I can learn even more.
- Considering the opportunities out rurally and the different skills required to work here.
- Having the understanding that your health care field is not isolated from the others.
- Yes, it has reinforced the idea that working rural is beneficial and valuable.
- Yes, I think community is definitely an excellent choice for preceptorship or future career!
- I would consider doing rural nursing now!
- This weekend has encouraged me to stay open minded about my healthcare career and where it might take me.
- I will definitely do a rural rotation during my studies.



- To think about the life outside the city and that there are more opportunities out there.
- Definitely considering rural.
- I look forward to practicing the nursing skills.
- I will really consider working here or a similar community in the future.
- Yes, it was a great way to see size and capabilities of small-town medical facilities and the time/clinical demands.
- It was a great opportunity to develop clinical skills which we otherwise wouldn't do until later.
- Absolutely useful context for understanding the things I begin to learn in school.
- Will definitely consider rural electives in the future.
- I will consider being a rural physician in my future career or at the very least be more interested in a future rural location.
- It was a great introduction to rural medicine, especially when most of med school will be spent in an urban environment.
- I have a better understanding of rural medicine, how a rural hospital works and what life is like in a rural community.
- This has made me more interested in learning more about rural medicine.
- Opportunity to ask questions about fundamental techniques made me feel more prepared for what I will encounter.
- Yes, it puts the end goal into perspective.
- I will consider practicing in a rural area.
- Yes, I would definitely consider rural practice.
- I will consider doing a rotation in Fairview.
- Yes, I learned in a relaxing environment. It taught me which other areas of my practice I can consider while looking for the opportunities.
- Yes, I am truly happy to consider rural.
- Yes, I have a higher view of rural health and experiences now; I can see myself working in a rural setting.
- Absolutely! I feel like I have more of an appreciation for working in rural communities and the care provided here.



- Greater understanding of skills out of nursing scope of practice.
- Yes, motivated me to practice rural medicine.
- Yes, may return for an elective, returning to Peace River for PNME and very excited!
- Yes, I learned more about being a health professional in a rural area and I am now more interested in returning to my own rural home to work.
- It made me think about all the nursing opportunities in a rural setting, you can do more as a nurse here.
- Taught me about how nurses' practice would be different in a rural setting. I am possibly open to practicing rural.
- Definitely want to do a rural elective in Fairview. It has also really encouraged me to explore rural medicine.
- I think so, growing up in the city I don't have much experience in rural communities, but I love how there is a community here, and that is important to me.
- I would like to do more rural shadowing and attend more skills weekends to see more rural communities.
- For sure! It was a great experience getting to know rural healthcare professionals and what some of the needs are in the rural communities.
- Definitely! It really gave me a taste of rural medicine and I am in love with Fairview as a community.



- Thank-you to all the staff and community members who welcomed us warmly and fed and housed us. It is such a beautiful and warm town with lots of space and I can surely see the sense of community here. Thank - you!!
- Thank you for all the work that you do!
- It was really great that the community was involved and knew we were coming. This allowed us to be more engaging with the community.



- I enjoyed the community and everything it had to offer.
- I loved the town of Fairview. The hospital is gorgeous, and staff are very friendly.
- Thank you so much for being beyond hospitable and kind. The positive energy in this community inspires and brightens. I had a lot of fun and the food was INCREDIBLE! Dinner and breakfast blew my mind. Thank-you ♥♥♥
- It definitely made me think of what I like working in a rural community. Thank-you very much.
- Thank-you everyone!
- Has such a blast! I would recommend to anyone! Thank you, Fairview!
- Very positive experience! I'd recommend it to anyone!
- Great choice to hold the event during the Summer's End Festival!
- Great weekend! Thanks so much for having us!
- I am very glad I got to experience this event in Fairview! It was amazing and I learned a lot!
- A really memorable weekend. I really enjoyed it!
- Absolutely phenomenal!!!
- It was a very fun experience. I enjoyed all the activities and loved how friendly everyone was. I really appreciated all the effort put into it. Thank-you!! 😊
- Community was engaging and made us feel welcome. I appreciate all the work that went into organizing this event.
- It is an awesome experience. I am thankful to all of you. 😊
- It was awesome.
- I had so much fun this weekend. It was nice to socialize with students from other programs.
- Thank-you so much for hosting us. I had an amazing experience!



- Thank you SO much for the hospitality and overall weekend. The hotel, food, skills and all extras were above and beyond my expectations. ♥
- Loved the sense of community here. I could see myself living, working and playing here!
- Long drive, but worth it! Keep finding amazing people and communities to host these.
- Thank-you so much for hosting this event. I really enjoyed it. The food was delicious!
- Everyone was so welcoming!
- Very welcoming community, thank -you. 😊
- Thank-you so much for your kindness and care - I will never forget this weekend!
- Thank-you so much!!! This was an amazing experience to be able to experience life in northern Alberta, meet some incredible people, hear some exceptional stories and understand why people love their life up here! Thank-you for everything, you all did an incredible job! I had an amazing time. 😊
- Community was warm and welcoming.
- So much appreciation for all those who organized and volunteered. Well planned and so many thoughtful touches to the weekend. Blew me away honestly. Thank-you so much!



